

Dr. Calvin Ball

# THE CALVIN BALL **BULLETIN**

# **April 2016**

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# Spotlight on April Events

Council FY17 Budget Public Hearings & Work Sessions - The FY17 Capital and Operating Budget is currently under review by the Council. We welcome your participation in the budget process by attending upcoming public hearings, work sessions and submitting testimony to Councilmail@howardcountymd.gov. Click here for a list of upcoming public meetings.

MIHU Program - Looking for Affordable Housing? Howard County Housing & Community Development is now accepting applications through Friday, April 29, 2016. Apply today! Read More.

Pink Plates - Through April 30, 2016, diners are invited to community conscious restaurants and choose from the PINK PLATE special. Proceeds are donated to help those affected by cancer. Read More.

Spring 2016 Parent Pages Released! Enjoy info on upcoming events for parents to explore. This Spring issue also includes positive approaches to working with your child, finding your child's passion, parenting technology controls and much more. Read More.



Bring the family to town and celebrate Earth Day at our annual Historic Ellicott City Spring Fest on Saturday, April 23, 2016 12pm-7:30pm! There will be 4 music stages with 25+ bands performing, great food, kids areas with FREE crafts and games, craft beer gardens and more. Explore sidewalk shopping and dining. There will be plenty of free parking plus a free shuttle. Read more

## Earth Day Celebration Saturday, April 23, 2016 9am-12pm

Celebrate Earth Day with members of the Department of Recreation & Parks Natural Resources Divisions by helping plant, mulch and shelter trees in the County's Reforestation Area at Ceder Lane Park East and Gary J. Arthur Community Center. Open to all ages, participants should wear closed-toe shoes and bring work gloves. Pre-registration is required. For more info, call Linda DiPanfilo at 410-313-4704 or email Idipanfilo@howardcountymd.gov.



### **Breathe Deep Columbia 5k Walk**

Come out Saturday, April 23, 2016 for a 5k Walk to raise awareness for lung cancer research! The Breathe Deep Columbia 5K Walk will be hosted at Town Center Lakefront, held rain or shine. Pets are welcome. Prizes will be awarded for top fundraisers and all proceeds are donated to the LUNGevity Foundation. 8:30am - Check-in/registration; 9:30am - program; 10am - Walk begins. Closing ceremony immediately following the walk. For more details, go online or email Columbia@LUNGevity.org

## **Money Matters Fair 2016**

The Money Matters Fair is a free community event for the entire family featuring financial education activities including workshops, exhibitors and one-on-one sessions with professionals. Students in grades 6-12 can take the Y-Fi Personal Challenge and have a chance to win prizes or participate in a Financial Cent\$ Scavenger Hunt.

This event will be held on Sunday, April 24, 2016 11am-2pm at Wilde Lake High School, 5460 Trumpeter Rd, Columbia, MD 21044.

## **World Language Cafe**



CA's monthly World Language Cafe is a place to speak a language you know or are learning, converse in a friendly atmosphere, meet new people who enjoy learning about other cultures, increase your fluency, and pick up useful phrases to use when traveling. It meets on the fourth Tuesday of

the month, 7-9pm at the 50+ Center of the East Columbia Library, 6600 Cradlerock Way, Columbia. Upcoming sessions are: **April 26; May 24**, and **June 28**. Come in and join the language table of your choice (American Sign Language, Arabic, Chinese, Dutch, Egnlish, Farsi, French, German, Hebrew, Hindi, Italian, Japanese, Korean, Portuguese, Russian, Spanish, and Turkish). For more info, call **410-715-3162** or email **International@ColumbiaAssociation.org**. **Read more** 

#### WomenFest

Back for its 8th consectutive year, this signature wellness event for women showcases products and services that promote health, wellness, fashion and beauty. WomenFest will be hosted **Saturday**, **April 30**, **2016 10 am-3pm** at the **Gary J. Arthur Community Center**, **2400 Route 97** in Cooksville. With more than 100 vendors and exhibitors, engaging seminars and free health screenings, Womenfest is designed to inspire women to live a more balanced, healthy and fulfilled life.

Coordinated by the Howard County Office on Aging, new to this year's event is Core Camp, a series of free 45-minute fitness classes (pilates at 10:30am, yoga at 12:30pm and yogalates at 2pm). For more info, go **online** or call **410-313-5440**.

## Long Reach Flea Market

Don't miss this fantastic opportunity to sell your teasures and find new ones! Come out Saturday, April 30, 2016 8am-12pm to the Long Reach Village Center and find great deals. For details, call 410-730-8113.

# **National Drug Take Back Day**



Start cleaning out your medicine cabinets - it's time for another National Drug Take Back Day! Pet meds welcome too. HC DrugFree has

scheduled a drive-collection site for **Saturday**, **April 30**, **2016 10am-2pm** which includes needles, syringes and EpiPens at HC DrugFree's Office Only. Unwanted medication can be disposed year round at one of three permanent drop off locations: Northern District Police Station (3410 Court House Dr in Ellicott City); Southern District Police Station (11226 Scaggsville Rd in Laurel); and Gary J. Arthur Community

Center (2400 Route 97 in Cooksville). More info available online, call 410-443-325-0040 or email info@hcdrugfree.org.

## **Training on Assisting Human Trafficking Victims**

Howard County's Office of Human Rights and Safe House of Hope is hosting a training for residents interested in assisting victims of human trafficking. Attendees will learn volunteer oppourtnities at Safe House of Hope to help victims including answering hotlines, driving victims to medical appointments, offering assistance on drop-in day, providing a presence from midnight to 5am and providing emotional support. Training will take place **Saturday, April 30, 2016 10am-12:30pm** at **Glenwood Branch Library, 2350 Route 97** in Cooksville. While training is free and open to the public, space is limited. To register, call **410-313-1156**.

#### 2016 Farmers Market Season

Mark your calendars! Howard County Farmers Market will kick off the 2016 season the first week of May. Foodies looking to purchase locally grown fruits and vegetables from area farmers will soon be able to do so when Howard County's four convenient locations open, offering residents local options to find fresh fruits, vegetables, meats, cheese, eggs, baked goods and much more! The locations, times and dates include:

Howard County Library-Miller Branch (9421 Frederick Rd, Ellicott City)
Hours of Operation: Wednesdays 2-6pm; Season begins May 4

Oakland Mills Village Center (5851 Robert Oliver Place, Columbia)
Hours of Operation: Sundays 9am-1pm; Season begins May 8

Howard County General Hospital (5755 Cedar Ln, Columbia)
Hours of Operation: Fridays 11:30am-4:30pm\*

Maple Lawn (Off Rt 216 and Maple Lawn Blvd)
Hours of Operation: Saturdays 9am-1pm; Season begins May 8

Vendor lists will be posted **online** when finalized. Please come out and support local farmers and producers. We hope to see you opening day at the Miller Branch Library!



Ms. Biz Mornings is a FREE networking group for women in business hosted the 1st Tuesday morning of every month (8:30am-10am). Events are held at a different local business each month. 2016 schedule is as follows:

May 3 WKD Karate 4 Girls, 9385 Gerwig Lane, Columbia

June 7 Horse Spirit Arts Gallery, 8090 Main St., Downtown Ellicott City

July 5 Sub Zero Wolf by Fretz, 9204 Berger Rd, Columbia August 2 Life Dance Loft, 11200 Scaggsville Rd #125, Laurel

September 6 Spiritual Spectra - Jen Garcia, 10440 Shaker Dr #103, Columbia

October 4 Perspectives Art & Design, 8191 Main St, Ellicott City
November 1 Sacred Healing Hands, 11155 Stratfield Ct, Marriottsville
Kelsey's Kloset, 11200 Scaggsville Rd, Laurel/Fulton

Read more

## U Can Win, Community Resource Day & Men's Health & FitnessFest

You're cordially invited to our annual U Can Win, Community Resource Day and Howard County Men's Health & FitnessFest on **Saturday, May 14, 2016 10am-2pm** at **Celebration Church, 6010 Foreland Garth in Columbia**. Enjoy fun activities for the whole family! There will be important health and wellness information and resources, free health screenings and much more.

For more details, email Cheshana Weaver at chesahna@hotmail.com.

Jeffers Hill Elementary School
April 19 6-10pm at Pot Belly Restaurant.
Atholton Elementary School
April 21 Chick-fil-A ALL day
Oakland Mills High School (Please bring flyer)
April 21 4-9pm at Qdoba.



Thunder Hill Elementary School

April 25 7-9pm at Panera Bread, 6435 Dobbin Rd, Columbia. No flier needed

Stevens Forest Elementary School

April 29 5-9pm at Wendy's Restaurant

Oakland Mills Middle School

May 4 at Chick-fil-A to benefit 8th grade end of year activities

Bonnie Branch Middle School

May 9 at Victoria's Gastro Pub

Phelps Luck Elementary School (Bring flyer & 30% donated to PTA)

May 10 11am-8pm at Roma's Pizza, 5325 Phelps Luck Dr.

Ellicott Mills Middle School

May 25 ALL Day at Chick-fil-A

Bellows Spring Elementary School

June 7 at Tino's Italian Bistro, 8775 Centre Park Dr

Thunder Hill Elementary School (Bring flier & PTA can earn up to 20%)

June 8 ALL Day event

#### Wine in the Woods



Join us for Howard County's 24th annual Wine in the Woods on Saturday, May 21, 2016 11am - 6pm and Sunday, May 22, 2016 11am - 5pm at Symphony Woods, 5950 Symphony Woods Rd, Columbia as we celebrate the charm and character of an event that has aged to perfection! Sample a variety of Maryland's finest wineries; purchase food from high quality, distinctive restaurants and caterers; sharpen your palate by attending wine education

seminars; purchase exceptional works of art and specialty crafts; and revel in continuous live entertainment. The event is held in rain or shine; no pets allowed.

#### Read more

#### **Consumer Advisory Board**

Howard County is now seeking applicants for a five-year term on the Consumer Affairs Advisory Board. Board members are responsible for reviewing the Office of Consumer Affairs programs and making recommendations on how it may better carry out its duties. To be eligible, candidates must be Howard County residents, 18 years of age or older, have an interest in consumer issues and be able to attend the Board's meetings held on the first Wednesday of each month at 7pm held at the Office of Consumer Affairs, 6751 Columbia Gateway Dr. in Columbia.

To apply, send a resume and a brief letter explaining why you want to serve to David Lee by email to **dklee@howardcountymd.gov** or by mail to: Howard County Government, Office of the County Executive, Attn: David Lee, 3430 Court House Dr, Ellicott City, MD. The deadline is **Friday, May 13. 2016**.

#### **Collision Avoidance Training**

The HC Police Department will be conducting Collision Avoidance Training (CAT) classes through **December**. This is an advance defensive driving and vehicle control program for licensed teen driver's ages 16-20. Driving skills addressed include: evasive maneuvers, emergency braking, cornering, backing, skid recovery, steering, acceleration and more.

Students must operate their own vehicle and successfully complete each driving skill/maneuver to receive a certificate of completion. Space is limited. Cost is \$95. Generous program support and scholarships are provided by the Howard County Police Foundation, Erie Insurance and the Browning Reagle Insurance Agency. Sessions are: May 21; June 25; July 23; August 20; September 17; October 15; November 19; and December 20.

Read more

Share With Friends & Neighbors!

STAY CONNECTED F V in





